ARCTIC SPAS REC COMPLEX

NOVEMBER
Program Guide

Local recreation for families and youth.

Click here to register

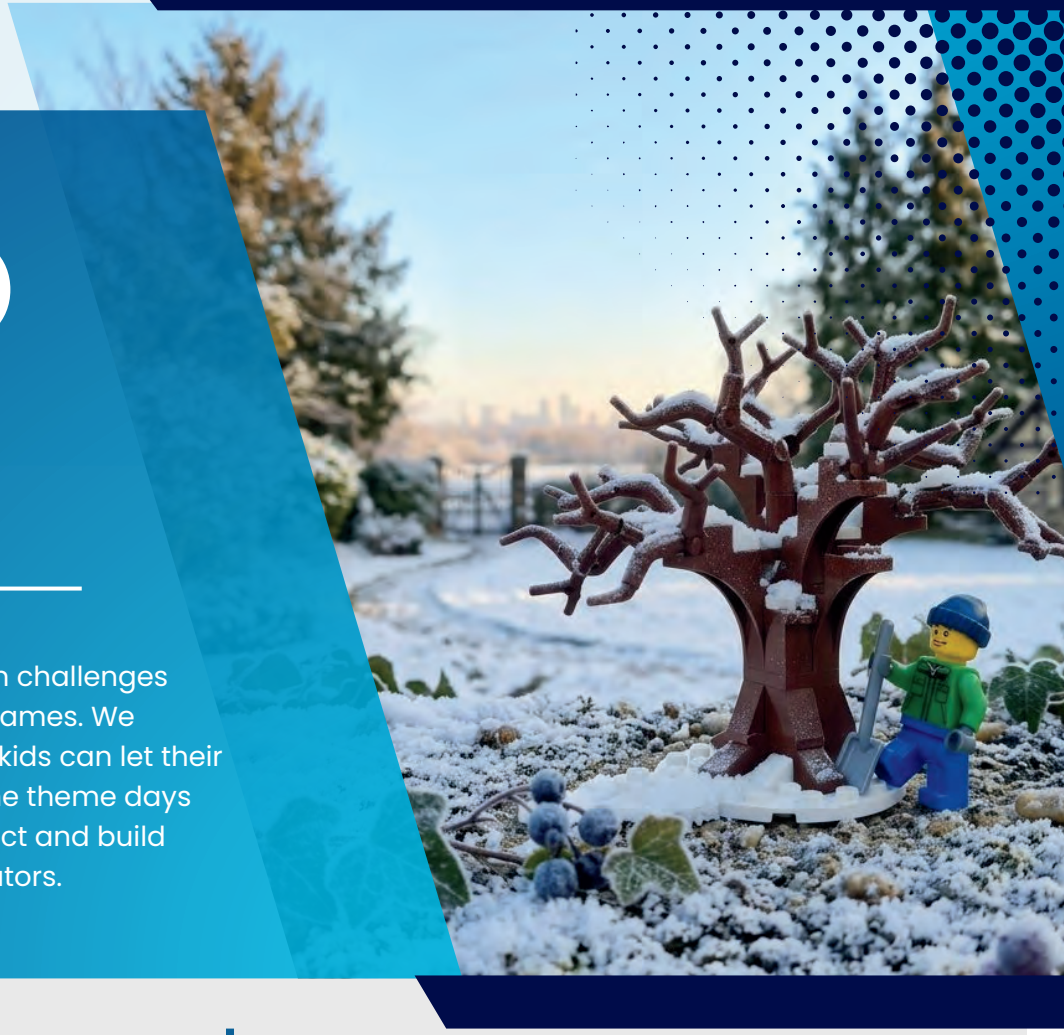
4901-48Ave. Thorsby AB
780-789-4041
thorsby.ca/recreation

Arctic Spas RECREATION COMPLEX

2026

Arctic Spas
Recreation Complex

LEGO Club



Builders tackle exciting new design challenges and compete in planned weekly games. We provide massive piles of bricks so kids can let their imagination run wild. Our awesome theme days offer a great way for kids to connect and build lasting friendships with fellow creators.

November 2026
Mondays 3-4pm

Arctic Spas Recreation Complex Lobby

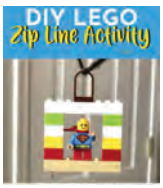
November 2nd
Fall Break Smash Special
LEGO Wrecking Ball Challenge



November 23rd
Blow & Roll Speedway
LEGO Balloon Cars



November 30th
High-Line Special
DIY LEGO Zip Lines



The Blueprint for Fun

LEGO club is perfect for creative kids who love to invent and explore. We welcome all skill levels, from beginner builders to master creators.

- No Registration
- No Cost
- Everyone Welcome

*children under 7 require an adult chaperone

4901-48Ave Thorsby AB | 780-789-4041 | thorsby.ca/recreation

Arctic Spas®

RECREATION COMPLEX

THORSBY AI PHOTO CONTEST!

GET CREATIVE. GO SILLY. HAVE FUN!

SCAN TO ENTER



HOW IT WORKS:

1. **SNAP A PIC**
   of yourself, your family, your friends
2. **GO WILD WITH AI!**
   Use your favorite AI tool to completely transform *your* photo
3. **SUBMIT YOUR MASTERPIECE**
   to show off your out-of-this-world edit!



SUBMIT YOUR PHOTOS

NOVEMBER 9 – NOVEMBER 16

FREE TO ENTER!

Open to **EVERYONE!**

No entry fee. Great prizes to be won!

PRIZES AWARDED!

Amazing prizes for the winning photos!

PUBLIC VOTING!

Voting Nov. 23rd to Nov. 27th (at noon)

Winners chosen by *YOU!*

WE ENCOURAGE EVERYONE TO JOIN!

- ✓ CHILDREN
- ✓ TEACHERS
- ✓ SCHOOL CLASSES
- ✓ SPORTS TEAMS
- ✓ LOCAL BUSINESSES
- ✓ FAMILIES
- ✓ THE ELUSIVE TEENS
- ✓ AND THE FAMILY PETS!

4901 48 Ave
Thorsby, AB

780-789-4041

thorsby.ca/recreation

Arctic Spas Recreation Complex

Stay n' Play

Wednesdays 10am-12pm

A place for parents and their young children to learn, play, and socialize together.



Play & Prize
November Special

Play more, win big this November! Every visit to Arctic Spas' *Stay n' Play* this November earns your little explorer a ballot into our attendance draw. We have two exciting prizes up for grabs, so the more you attend, the more chances you have to win!





Prize Draw Details:

- Attendance dates for entries: Nov. 4th, 18th, 25th
- Drawn date: November 25th, 11:30am
- No cost to attend
- No cost to enter

*one entry per participant per day

For parents and caregivers of children 0-6yrs of age. Join our parenting community as we come together to share experiences through play and socialization.

Located in Arctic Spas Recreation Complex's fieldhouse, a large gymnasium setting. Our family friendly setting is a comfy backdrop to get out of the house and enjoy the morning with your baby. Free play format with a wind-down at the end of each morning. Engaging play such as playdough creation, water play, and ages and stages fundamental milestone play; Stay n' Play is a free drop-in program.

Arctic Spas RECREATION COMPLEX

780-789-4041
thorsby.ca/recreation
sdumont@thorsby.ca
4901-48Ave, Thorsby AB

Sponsored by: eastlink

THORSBY
THE BEST OF BOTH WORLDS

Family drop-in

Thorsby

Leduc County Family Resource Network



Our Family Resource Network hosts weekly family drop-in programs offering a variety of activities, tools and resources to support childhood development. Get more information at **www.leduc-county.com/frn**

- Resources
- Referral
- Coffee
- Snacks
- Crafts
- Games
- Wifi
- Computer use
- Programs
- Supports
- Kid Kits
- Much more

Drop in location

Thorsby: 4711 48 Ave.

In the modular building across from Arctic Spas Recreation Complex

Tuesdays from 11 a.m. to 6 p.m.
Thursdays from 11 a.m. to 6 p.m.

All families welcome!

THORSBY
THE BEST OF BOTH WORLDS

CREATING HOPE SOCIETY

LEDUC COUNTY

Alberta
Provincial Family Resource Networks

ARCTIC SPAS RECREATION COMPLEX

PICKUP BASKETBALL



Arctic Spa's Recreation Complex is proud to present pickup basketball

Hosted in the south side of the facility; the fieldhouse will be open to all, aged 16+. Please bring clean indoor runners.

The drop-in rate is $5 per player, free to those with TRC memberships.

TUESDAY EVENINGS

DROP-IN FIELDHOUSE

7:30-9PM

4901-48Ave Thorsby, AB
780-798-4041
thorsby.ca/recreation

Arctic Spas
RECREATION COMPLEX

Arctic Spas

RECREATION COMPLEX

RECREATIONAL SKATING



Arctic Spas Recreation Complex is proud to offer weekly free ice times to our community.

Shinny

Tuesdays 3-4:45pm

Shinny is an unstructured, non-competitive game open to all skill levels, where players organize themselves for a fun, casual game of hockey. It's a great way to enjoy hockey without the pressure or cost of a formal league.

Hockey sticks, pucks, and other equipment are permitted during shinny.

✓ Sticks, pucks, nets

Public Skate

Thursdays 3-4:45pm

Public skate is our scheduled ice program where the public can skate for fun & recreation. It provides a dedicated time for individuals & families of all skill levels to enjoy a leisurely skate.

Hockey sticks, pucks, and other equipment are not permitted during public skate.

✗ Sticks, pucks, nets

***Please note: helmets are mandatory for all participants on the ice rink.**

780-789-4041

4801 49 Ave. Thorsby AB

thorsby.ca/recreation

THORSBY
THE BEST OF BOTH WORLDS

Arctic Spas
RECREATION COMPLEX



$3
Per Person

DROP-IN PICKLEBALL

Arctic Spas Recreation Complex - Fieldhouse

TUESDAYS & THURSDAYS	**9:30-11:30am**
THURSDAYS	**7-9pm**

For more information:

thorsby.ca/recreation
4901-48Ave. Thorsby AB
780-789-4041

Arctic Spas
RECREATION COMPLEX



$5
Per Person

SENIORS BOWLING

Arctic Spas Recreation Complex

TUESDAYS

1-4pm Bowling Alley

For more information:

thorsby.ca/recreation

4901-48Ave. Thorsby AB

780-789-4041

Arctic Spas
RECREATION COMPLEX

Creating Change

Bystander Intervention to Build Safer Communities



In recognition of Family Violence Prevention Month, join us for the third annual Creating Change event. This free event is open to all including community members and professionals. The event will include the following workshop:

I've got your back: Bystander intervention to build safer communities, with Julie S. Lalonde

Join award-winning women's rights advocate and public educator Julie S. Lalonde for an interactive workshop on the role of bystanders in creating a safer world. Learn about common obstacles to intervention and the importance of challenging our own biases. Participants will learn the continuum of intervention and practice their new skills through scenarios focused on building safer spaces.

- **Date:** Friday, Nov. 13, 2026
- **Time:** 10 a.m. to 3:30 p.m. (lunch is included)
- **Location:** Rig Hand Distillery (50158 Range Road 244 A, Leduc County, AB.)
- **Register:** contact Kristin at **780-955-6421,** or **kristin@leduc-county.com** or register online at **www.leduc-county.com/creating-change**
- **Registration deadline:** Friday, Nov. 6.

LEDUC COUNTY

YELLOW MANTEAU

CITY OF Leduc

Simple Connections Stronger Seniors

Simple ways to strengthen resilience



Join us for a series of skill-building workshops that offer older adults simple strategies to help strengthen resilience. Resilience is linked to better health, improved mood, heathy aging, and a longer life.

Together, we will explore four key topics that can help to support your well-being:

- Personal Wellness - Monday, Nov. 16
- Independence - Wednesday, Nov. 18
- Sense of Purpose - Monday, Nov. 23
- Social Connections - Wednesday, Nov. 25

- **Dates:** Monday, Nov. 16, Wednesday, Nov. 18, Monday, Nov. 23, Wednesday, Nov. 25
- **Time:** 1:30 to 2:30 p.m.
- **Location:** Online - Zoom link provided
- **Register:** Contact Carla at **780-955-4554,** or **carla@leduc-county.com** or register online at **www.leduc-county.com/simple-connections**
- **Registration deadline:** Friday, Nov. 13

Recovery Alberta
MENTAL HEALTH AND ADDICTION SERVICES

Scam Smart series

These sessions will be facilitated by Consumer Protection Expert, Julie Matthews, certified fraud examiner.
Julie has dedicated her career to stopping scam artists and protecting Canadians. She spent 19 years as an investigative TV reporter - 10 of which were spent as Global TV Edmonton's "Troubleshooter" and another 10 years as senior investigator with the Government of Alberta's Consumer Investigations Unit. Julie now delivers engaging and informative fraud prevention presentations and shares tips through her weekly "Scam Alert" segment on CFCW radio. Feel free to attend one, or both sessions.



Thursday, Nov. 19 - Session 1: The latest scams & how to protect yourself
Scammers are getting smarter, and their tactics are getting harder to spot. From convincing phone calls and fake messages to social media schemes, impersonation scams and AI, today's fraud can fool
anyone. Get an inside look at the latest scams, how they manipulate us into acting, and the red flags that can help you recognize a scam before it's too late. You'll leave with practical tips you can start using right away.

Monday, Nov. 23 - Session 2: When someone you love is being scammed
What do you do when you can see the scam, but someone you love can't? Trying to convince a friend or family member they're being scammed can quickly lead to frustration, arguments and even isolation. It seems impossible to get through to them. Learn why telling someone "It's a scam" often doesn't work, how to have conversations that are more likely to get through, and what practical steps you can take to help protect and support someone you care about.

- **Time:** noon to 1 p.m.
- **Location:** Online - Zoom link provided
- **Registration:** Online, Leduc-County.com/scam-smart, call 780-979-2385, or email Sara@leduc-county.com

LEDUC COUNTY
THORSBY
THE BEST OF BOTH WORLDS
Warburg
AUTHENTIC LIVING
SINCE 1953
TOWN OF CALMAR



Taking Control of Your Debt

Join us for this practical session as we help participants understand their debt situation and identify actionable strategies to regain control of their finances.

By the end of this webinar participants will be able to:

- Understand the difference between good and bad debt
- Evaluate their debt load and types of creditors
- Explore repayment strategies
- Prioritize debt during financial hardship
- Avoid worsening debt with high-cost borrowing
- Understand options for negotiating or reducing debt

This session will be facilitated by Credit Canada.

- **Date:** Wednesday, Nov. 18, 2026
- **Time:** 12 to 1 p.m.
- **Location:** Online - Zoom link provided
- **Registration:** Online, Leduc-County.com/taking-control-of-debt, call Kristin at 780-955-6421, or email Kristin@leduc-county.com

LEDUC COUNTY

Credit Canada

Arctic Spas Recreation Complex
4901-48 Ave Thorsby, AB



Party Packages

More space. More fun. More memories.

- Unlimited guests
- Tables & chairs included
- Outside food & beverages welcome
- Advance booking recommended

Weekend Bookings:
- 10am-1pm or
- 2pm-5pm

**excludes summer hours*

Birthdays
Team Events
Family Celebrations

Skip the stress. Enjoy the fun.

Bowling Party $100
3-Hour party room rental, including 90 minutes of bowling.

Skating Party $150
3-Hour party room rental, including 60 minutes of ice time.

Fieldhouse Party $125
3-Hour fieldhouse rental with access to basketball, floor hockey, dodgeball, and other sports equipment.

Dry Rink Party $125
3-Hour dry rink rental with music, disco lighting, and plenty of room for games and activities.

Party Package Extras

Fun add-ons to elevate your party

Bowling - 60 minute add-on to any party	$50
Bouncy House - Toddler Size (1-5 yrs)	$50
Gaga Ball Pit - Great for the older kids!	$25
Laser Tag - Laser guns, vests, & bunkers	$75

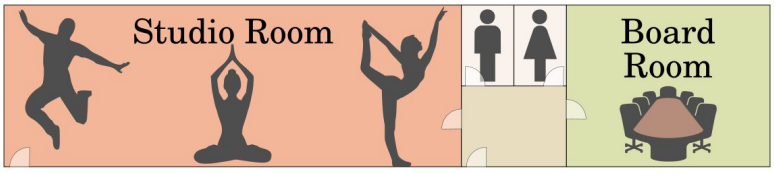
Contact Us :

780-789-4041
recreation@thorsby.ca
www.thorsby.ca/recreation

RECREATION COMPLEX MAP



UPSTAIRS RENTAL SPACE



ARCTIC SPAS RECREATION COMPLEX

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 **LEGO Club** 3-4:30pm, Free Lobby *Fall Break Smash Special* Theme: Wrecking Ball Challenge	3 **Drop-in Play** 2-7pm FRN Modular **Pickleball** 9:30-11:30am, $3 Fieldhouse **Seniors Bowling** 1-4pm, $5 Rec Complex **Pickup Basketball** 7:30-9pm, $5 Fieldhouse **Shinny** 3-4:45pm, FREE	4 **Stay n' Play** 10am-Noon Fieldhouse Play & Prize - Day 1	5 **Drop-in Play** 9am-4pm FRN Modular **Pickleball** 9:30-11:30am, 7-9pm, $3 Fieldhouse **Arctic Action** After School Program 3:15-4:30pm Rec Complex, $25 for 6-week program *Glow Party* *with Glow-in-the-dark 9 Square* **Public Skate** 3-4:45pm, FREE	6	7
8	9 **First Day of AI Photo Contest** **(Nov. 9-16)** 	10 **Drop-in Play** 2-7pm FRN Modular **Pickleball** 9:30-11:30am, $3 Fieldhouse **Seniors Bowling** 1-4pm, $5 Rec Complex **Pickup Basketball** 7:30-9pm, $5 Fieldhouse **Shinny** 3-4:45pm, FREE	11 **Remembrance Day** **Complex Closed** **NO School**	12 **Drop-in Play** 9am-4pm FRN Modular **Pickleball** 9:30-11:30am, 7-9pm, $3 Fieldhouse **Public Skate** 3-4:45pm, FREE	13	14
15	16 **PD Day** **NO School** LAST Day for AI Photo Contest Submissions	17 **Drop-in Play** 2-7pm FRN Modular **Pickleball** 9:30-11:30am, $3 Fieldhouse **Seniors Bowling** 1-4pm, $5 Rec Complex **Pickup Basketball** 7:30-9pm, $5 Fieldhouse **Shinny** 3-4:45pm, FREE	18 **Stay n' Play** 10am-Noon Fieldhouse Play & Prize - Day 2	19 **Drop-in Play** 9am-4pm FRN Modular **Pickleball** 9:30-11:30am, 7-9pm, $3 Fieldhouse **Public Skate** 3-4:45pm, FREE	20	21
22	23 **LEGO Club** 3-4:30pm, Free Lobby *Blow & Roll Speedway* Theme: LEGO Balloon Cars **First Day of Voting for AI Photo Contest** **(Nov. 23-27)**	24 **Drop-in Play** 2-7pm FRN Modular **Pickleball** 9:30-11:30am, $3 Fieldhouse **Seniors Bowling** 1-4pm, $5 Rec Complex **Pickup Basketball** 7:30-9pm, $5 Fieldhouse **Shinny** 3-4:45pm, FREE	25 **Stay n' Play** 10am-Noon Fieldhouse Play & Prize - Day 3 (Prize Draw @ 11:30am)	26 **Drop-in Play** 9am-4pm FRN Modular **Pickleball** 9:30-11:30am, 7-9pm, $3 Fieldhouse **Public Skate** 3-4:45pm, FREE	27 **LAST Day for AI Photo Contest Voting** Voting Closes at 12pm Sharp	28
29	30 **LEGO Club** 3-4:30pm, Free Lobby *High-line Special* Theme: DIY LEGO Zip Lines	(1) **Drop-in Play** 2-7pm FRN Modular **Pickleball** 9:30-11:30am, $3 Fieldhouse **Seniors Bowling** 1-4pm, $5 Rec Complex **Pickup Basketball** 7:30-9pm, $5 Fieldhouse **Shinny** 3-4:45pm, FREE	(2) **Stay n' Play** 10am-Noon Fieldhouse	(3) **Drop-in Play** 9am-4pm FRN Modular **Pickleball** 9:30-11:30am, 7-9pm, $3 Fieldhouse **Public Skate** 3-4:45pm, FREE	(4)	(5)

thorsby.ca/recreation

4901-48Ave. Thorsby, Ab 780-789-4041

Arctic Spas RECREATION COMPLEX